

BREAKFAST MENU

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cereals	Selection of cereals including Porridge, Coco Pops, Weetabix, Rice Krispies and Corn Flakes Served with Full-fat ,Low-fat Milk, Soya Milk						
Daily Special	Baked Beans	Boiled Egg	Scrambled Egg	Oven Baked Sausages	Baked Croissant & Nutella	Oven Baked Sausages	Grilled Rasher
Toast Bar	Wholegrain, Brown & White Sliced Breads with a selection of Jams and Preserves						
Beverage Station	Tea, Coffee, Water, Full-fat ,Low-fat Milk, Soya Milk						

If you have a food allergy or intolerance please ask our staff for further information

LUNCH MENU

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup Station	Homemade Mixed Vegetable Soup	Homemade Leek & Potato Soup	Homemade Roasted Vegetable Soup	Homemade Potato & Chive Soup	Homemade Butternut Squash Soup	Homemade Carrot and Coriander Soup	Homemade Vegetable Soup
Traditional Choice	Baked Roast Chicken in a Creamy Mushroom sauce	Roast Loin Of Pork, Apple Sauce	Braised Irish Beef Steak, Chausseur Sauce	Chicken Schnitzel	Breaded Cod with Homemade Tartare Sauce	Oven Baked Loin of Bacon	Roast Irish Beef with all the trimmings
Choice	Roast Gammon Steak with Parsley Sauce	Marinated lemon Chicken Breast	Baked Fish Cakes	Irish Beef Cottage Pie	Beef Stroganoff Served with Rice		
On The Side	Mash Potato Fresh Veg of the day	Mash Potato Fresh Veg of the day	Baby Roast Potato Fresh Veg of the day	Mash Potato Fresh Veg of the day	Champ Potato & Mushy Peas	Mash Potato Fresh Veg of the day	Mash Potato Fresh Veg of the day
Dessert or Fresh Fruit	Chocolate Biscuit Cake	Chocolate Bread & Butter Pudding	Cream filled profiteroles with chocolate sauce	Apple & Cinnamon Crumble & Hot Vanilla Custard	Rice Krispies Squares	Lemon Drizzle Cake	Chocolate Fudge Pudding with Ice Cream
Extras	Bread Roll, Brown Soda Bread, Tea, Coffee, Milk, Chilled Water						

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EVENING TIME MENU

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Supper 1	Irish Beef meatballs in a Spicy Arriabiatta Sauce Served with Rice	Irish Beef Lasagne Served with Wedges	Pork & Apple Sausage, Fried Onion, Gravy, Peas & Champ potato	Pizza Slice and Chips	Chicken Curry Served with Pilau Rice, Mango Chutney, Naan Bread	Pasta Carbonara With Garlic Bread	Irish Beef Burger, Bun and Homemade Wedges
Beverage Station	Tea, Coffee, Chilled Water, Full-fat, Low-fat, Almond Milk and Soya Milk						
Evening Snack	Chicken, Mayo & Grated Cheese Wrap	Ham & Cheese Paninni	Baked Sausage Roll	Hot Dog with ketchup & American Mustard	Double Chocolate Chip Large Cookie	Choice of Cereal & Milk	Raisin & Custard Danish
	All Snack includes Tea/Coffee and Milk, Water						

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